

WOMENS TEENAGE	DIVISION			
WEIGHT CLASS	LIFT	NAME	POUNDS	DATE
44kg.	SQUAT	LORI JEFFREY	187.2	
	BENCHPRESS	PENNY MANN	104.5	
	DEADLIFT	MANDY WOODSON	220.2	
	TOTAL	LORI JEFFREY	473.7	
48kg.	SQUAT	LORI JEFFREY	253.5	
	BENCHPRESS	LORI JEFFREY	137.7	
	DEADLIFT	LORI JEFFREY	259	
	TOTAL	LORI JEFFREY	650.2	
52kg.	SQUAT	LORI JEFFREY	314	
	BENCHPRESS	LORI JEFFREY	170.7	
	DEADLIFT	LORI JEFFREY	330.5	
	TOTAL	LORI JEFFREY	815.5	
56kg.	SQUAT	LORI JEFFREY	308.5	
	BENCHPRESS	LORI JEFFREY	178	
	DEADLIFT	LORI JEFFREY	363.7	
	TOTAL	LORI JEFFREY	821	
60kg.	SQUAT	AMY HOFFMAN	330.5	
	BENCHPRESS	AMY HOFFMAN	181.7	

	DEADLIFT	AMY HOFFMAN	369.2	
	TOTAL	AMY HOFFMAN	881.7	
67.5kg.	SQUAT	AMY HOFFMAN	303	
	BENCHPRESS	AMY HELMINSKI	159.7	
	DEADLIFT	AMY HOFFMAN	347	
	TOTAL	AMY HOFFMAN	804.5	
75kg.	SQUAT	WENDY HENDRICK	242.5	
	BENCHPRESS	WENDY HENDRICK	115.5	
	DEADLIFT	WENDY HENDRICK	297.5	
	TOTAL	WENDY HENDRICK	655.7	
82.5kg.	SQUAT	AMY HELMINSKI	275.5	
	BENCHPRESS	AMY HELMINSKI	130	
	DEADLIFT	AMY HELMINSKI	290	
	TOTAL	AMY HELMINSKI	695	
90kg.	SQUAT	HEATHER McCOMAS	248	
	BENCHPRESS	HEATHER McCOMAS	126.7	
	DEADLIFT	AIMEE HARPER	303	
	TOTAL	AIMEE HARPER	666.7	
90kg. +	SQUAT	CRYSTAL McCLELLAN	440.2	
	BENCHPRESS	CRYSTAL McCLELLAN	181.7	

	DEADLIFT	CRYSTAL McCLELLAN	429.7	
	TOTAL	CRYSTAL McCLELLAN	1052.5	