

WEST VIRGINIA MENS OPEN STATE POWERLIFTING RECORDS

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|------------|------------|------------------|------|------------|
| 114 | SQUAT | CHUCK DUNBAR | 507 | 11/07/1980 |
| | BENCHPRESS | CHUCK DUNBAR | 314 | 11/07/1980 |
| | DEADLIFT | PHIL HILE | 490 | 07/29/1994 |
| | TOTAL | PHIL HILE | 1199 | 04/08/1995 |
| 123 | SQUAT | CHUCK DUNBAR | 400 | 05/06/1973 |
| | BENCHPRESS | CHUCK DUNBAR | 295 | 03/30/1980 |
| | DEADLIFT | CORK HALL | 435 | 03/26/1983 |
| | TOTAL | CHUCK DUNBAR | 1120 | 03/30/1980 |
| 132 | SQUAT | DAN PALMATEER | 468 | 06/04/1983 |
| | BENCHPRESS | ACIE SIMMONS | 336 | 03/26/1983 |
| | DEADLIFT | DAN PALMATEER | 479 | 03/26/1984 |
| | TOTAL | DAN PALMATEER | 1190 | 06/04/1983 |
| 148 | SQUAT | ALLEN SMITH | 551 | 03/14/1992 |
| | BENCHPRESS | ACIE SIMMONS | 396 | 03/22/1986 |
| | DEADLIFT | PAUL SUTPHIN | 595 | 07/17/1979 |
| | TOTAL | PAUL SUTPHIN | 1482 | 07/17/1979 |
| 165 | SQUAT | DON HUNDLEY | 611 | 04/13/1985 |
| | BENCHPRESS | DONALD ROBBINS | 407 | 04/11/1987 |
| | DEADLIFT | DON HUNDLEY | 666 | 03/31/1987 |
| | TOTAL | JACK WILSON | 1605 | 12/10/1978 |
| 181 | SQUAT | PAUL SUTPHIN | 655 | 03/22/1986 |
| | BENCHPRESS | DAN LASS | 429 | 04/08/1995 |
| | DEADLIFT | PAUL SUTPHIN | 677 | 03/22/1986 |
| | TOTAL | PAUL SUTPHIN | 1741 | 03/22/1986 |
| 198 | SQUAT | ROGER ESTEP | 769 | 12/10/1978 |
| | BENCHPRESS | ROGER ESTEP | 490 | 12/10/1978 |
| | DEADLIFT | DOUG CURRENCE | 688 | 03/23/1986 |
| | TOTAL | ROGER ESTEP | 1940 | 12/10/1978 |
| 220 | SQUAT | STEVE UHAS | 733 | 04/11/1987 |
| | BENCHPRESS | JOSH STOTTLEMIRE | 628 | 03/26/2011 |
| | DEADLIFT | BRET RUSSELL | 770 | 04/25/1982 |
| | TOTAL | BRET RUSSELL | 1570 | 04/25/1982 |
| 242 | SQUAT | SCOTT WARMAN | 826 | 07/11/1982 |
| | BENCHPRESS | ALLEN BARIA | 600 | 06/25/2000 |
| | DEADLIFT | BRET RUSSELL | 770 | 11/02/1986 |
| | TOTAL | BRET RUSSELL | 2088 | 05/11/1986 |
| 275 | SQUAT | ALLEN BARIA | 833 | 04/26/2011 |
| | BENCHPRESS | ALLEN BARIA | 749 | 04/26/2011 |
| | DEADLIFT | ALLEN BARIA | 744 | 04/26/2011 |
| | TOTAL | ALLEN BARIA | 2326 | 04/26/2011 |
| 308 | SQUAT | BRIAN SIDERS | 766 | 03/23/2002 |
| | BENCHPRESS | BRIAN SIDERS | 666 | 03/23/2002 |
| | DEADLIFT | BRIAN SIDERS | 766 | 03/23/2002 |
| | TOTAL | BRIAN SIDERS | 2199 | 03/23/2002 |
| SHW | SQUAT | BRIAN SIDERS | 920 | 06/03/2004 |

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|------------|--------------|------|------------|
| BENCHPRESS | BRIAN SIDERS | 655 | 06/23/2004 |
| DEADLIFT | BRIAN SIDERS | 810 | 06/23/2004 |
| TOTAL | BRIAN SIDERS | 2385 | 06/23/2004 |