

MENS AGE 35-39	SUBMASTER	DIVISION	UPDATED 02/12/09	
WEIGHT CLASS	LIFT	NAME	POUNDS	DATE
114	***OPEN***			
123	***OPEN***			
132	***OPEN***			
148	SQUAT	GREG JACKSON	429	03/14/9 2
	BENCHPRESS	GREG JACKSON	325	03/14/9 2
	DEADLIFT	GREG JACKSON	490	03/14/9 2
	TOTAL	GREG JACKSON	1245	03/14/9 2
165	SQUAT	CHRISMIRAGLIOTTA	424	03/14/9 2
	BENCH PRESS	CHRIS MIRALIOTTA	275	03/20/9 3
	DEADLIFT	CHRIS MIRAGLIOTTA	418	03/20/9 3
	TOTAL	CHRIS MIRAGLIOTTA	1107	03/20/9 3
181	***OPEN***			
198	SQUAT	DOUG CURRENCE	595	03/28/9 8
	BENCHPRESS	DOUG CURRENCE	391	03/28/9 8
	DEADLIFT	DOUG CURRENCE	650	03/28/9 8

	TOTAL	DOUG CURRENCE	1636	03/28/98 03/28/98
220	SQUAT	JOHN MESSINGER	655	03/20/93
	BENCHPRESS	BOB KRUPINSKI	418	03/29/97
	DEADLIFT	JOHN MESSINGER	617	03/20/93
	TOTAL	JOHN MESSINGER	1675	03/23/93
242	SQUAT	JOHN MESSINGER	644	05/19/91
	BENCHPRESS	RON HARBERT	529	03/31/07
	DEADLIFT	JOHN MESSINGER	622	05/19/91
	TOTAL	JOHN MESSINGER	1686	05/19/91
275	SQUAT	JOHN MESSINGER	683	05/17/92
	BENCHPRESS	JOHN MESSINGER	424	05/17/92
	DEADLIFT	JOHN MESSINGER	628	05/17/92
	TOTAL	JOHN MESSINGER	1736	05/17/92
308	***OPEN***			
SHW	SQUAT	TROY MCNETT	705	03/28/9

		TROY MCNETT		8
	BENCHPRESS	TROY MCNETT	501	03/28/98
	DEADLIFT	TROY MCNETT	672	03/28/98
	TOTAL		1878	03/28/98