

Single-Lift Open Mens	Deadlift		Minimums	
WEIGHT CLASS	NAME	LOCATION	POUNDS	DATE
114			286.5	
123	DAVID JEFFREY JR.	PARKERSBURG	352	9/05/09
132			330.5	
148			369.2	
165			413.2	
181			451.7	
198			496	
220			551	
242			606.2	
275			688.7	
308			771.5	
SHW			777	

SINGLE-LIFT	DEADLIFT		UPDATED	
SUBMASTER'S				

WEIGHT CLASS	NAME	LOCATION	POUNDS	DATE
114			275.58	
123			292.11	
132			314.16	
148			352.74	
165			396.83	
181			435.41	
198			473.99	
220			529.10	
242			578.71	
275			655.87	
SHW			738.54	

SINGLE-LIFT	DEADLIFT		UPDATED	
MASTER				
40-49				
WEIGHT CLASS	NAME	LOCATION	POUNDS	DATE
114			248.02	
123			270.06	
132			286.60	

148			325.18	
165			363.76	
181			396.83	
198			435.41	
220			485.01	
242			534.62	
275			606.27	
SHW			677.91	

SINGLE-LIFT	DEADLIFT		UPDATED	
MASTER				
50 & OVER				
WEIGHT CLASS	NAME	LOCATION	POUNDS	DATE
114			225.97	
123			242.51	
132			264.55	
148			297.62	
165			330.69	

181	DONALD WALTERS	PARKERSBURG	429	5/16/09
198			396.83	
220			440.92	
242	COURTNEY STANLEY	PARKERSBURG	639.2	06/20/10
275			551.15	
SHW			617.29	

SINGLE-LIFT TEENAGE 14-19	DEADLIFT		UPDATED	
WEIGHT CLASS	NAME	LOCATION	POUNDS	DATE
114			203.93	
123	DAVID JEFFREY JR.	PARKERSBURG	352	9/05/09
132	CALEB NORMAN	PARKERSBURG	253	9/05/09
148	TYLER RICHARDS	PARKERSBURG	325	9/05/09
165	"BIG MAC" SWISHER	PARKERSBURG	308	9/05/09

181	COLBY RICHARDS	PARKERSBURG	374	9/05/09
198			352.74	
220			396.83	
242			435.41	
275			496.04	
SHW			556.66	

SINGLE-LIFT	DEADLIFT		UPDATED	
Women				
OPEN				
WEIGHT CLASS	NAME	RECORD	LOCATION	DATE
114		165.35		
123		176.37		
132		198.41		
148	DEB BARNETT	281	PARKERSBURG	11/21/09
165	BRITNEY WILLIAMS	253	PARKERSBURG	9/05/09
181		259.04		
198	"			
220				

242		336.20		
275		352.74		

SINGLE-LIFT	DEADLIFT		UPDATED	
WOMEN'S MASTER				
40 & OVER				
WEIGHT CLASS	NAME	LOCATION	POUNDS	DATE
114			154.32	
123			165.35	
132			181.88	
148			198.41	
165			214.95	
165			236.99	
165			264.55	
181			292.11	
198			314.16	
198+			325.18	

SINGLE-LIFT WOMEN'S TEENAGE 14-19	DEADLIFT		UPDATED	
WEIGHT CLASS	NAME	LOCATION	POUNDS	DATE
114			143.30	
123			159.83	
132			170.86	
148			187.39	
165			198.41	
181			225.97	
198			248.02	
220			275.58	
242			297.62	
275			303.13	