

WEST VIRGINIA MENS OPEN STATE POWERLIFTING RECORDS

114	SQUAT	CHUCK DUNBAR	507	11/07/1980
	BENCHPRESS	CHUCK DUNBAR	314	11/07/1980
	DEADLIFT	PHIL HILE	490	07/29/1994
	TOTAL	PHIL HILE	1199	04/08/1995
123	SQUAT	CHUCK DUNBAR	400	05/06/1973
	BENCHPRESS	CHUCK DUNBAR	295	03/30/1980
	DEADLIFT	CORK HALL	435	03/26/1983
	TOTAL	CHUCK DUNBAR	1120	03/30/1980
132	SQUAT	DAN PALMATEER	468	06/04/1983
	BENCHPRESS	ACIE SIMMONS	336	03/26/1983
	DEADLIFT	DAN PALMATEER	479	03/26/1984
	TOTAL	DAN PALMATEER	1190	06/04/1983
148	SQUAT	ALLEN SMITH	551	03/14/1992
	BENCHPRESS	ACIE SIMMONS	396	03/22/1986
	DEADLIFT	PAUL SUTPHIN	595	07/17/1979
	TOTAL	PAUL SUTPHIN	1482	07/17/1979
165	SQUAT	DON HUNDLEY	611	04/13/1985
	BENCHPRESS	DONALD ROBBINS	407	04/11/1987
	DEADLIFT	DON HUNDLEY	666	03/31/1987
	TOTAL	JACK WILSON	1605	12/10/1978
181	SQUAT	PAUL SUTPHIN	655	03/22/1986
	BENCHPRESS	DAN LASS	429	04/08/1995
	DEADLIFT	PAUL SUTPHIN	677	03/22/1986
	TOTAL	PAUL SUTPHIN	1741	03/22/1986
198	SQUAT	ROGER ESTEP	769	12/10/1978
	BENCHPRESS	ROGER ESTEP	490	12/10/1978
	DEADLIFT	DOUG CURRENCE	688	03/23/1986
	TOTAL	ROGER ESTEP	1940	12/10/1978
220	SQUAT	STEVE UHAS	733	04/11/1987
	BENCHPRESS	JOSH STOTTLEMIRE	628	03/26/2011
	DEADLIFT	BRET RUSSELL	770	04/25/1982
	TOTAL	BRET RUSSELL	1570	04/25/1982
242	SQUAT	SCOTT WARMAN	826	07/11/1982
	BENCHPRESS	ALLEN BARIA	600	06/25/2000
	DEADLIFT	BRET RUSSELL	770	11/02/1986
	TOTAL	BRET RUSSELL	2088	05/11/1986
275	SQUAT	ALLEN BARIA	833	04/26/2011
	BENCHPRESS	ALLEN BARIA	749	04/26/2011
	DEADLIFT	ALLEN BARIA	744	04/26/2011
	TOTAL	ALLEN BARIA	2326	04/26/2011
308	SQUAT	BRIAN SIDERS	766	03/23/2002
	BENCHPRESS	BRIAN SIDERS	666	03/23/2002
	DEADLIFT	BRIAN SIDERS	766	03/23/2002
	TOTAL	BRIAN SIDERS	2199	03/23/2002
SHW	SQUAT	BRIAN SIDERS	920	06/03/2004

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BENCHPRESS	BRIAN SIDERS	655	06/23/2004
DEADLIFT	BRIAN SIDERS	810	06/23/2004
TOTAL	BRIAN SIDERS	2385	06/23/2004