

2021 United States Powerlifting Federation  
West Virginia State Open and High School State Championships

DIV/WT CLASS	Event	Name	Age	Wt	SQUAT	BENCH	DEADLIFT	TOTAL	Place
<b>Women's Open</b>									
148	FP RAW DIV 3	Heather Weaver	29	148	187	104	214	505	1st
<b>Men's Bench</b>									
OPEN 181	Bench Only - RAW	Joe Whytsell		177.5		424			1st
M 56-59 198	Bench Only - RAW	Dan Lass	56	217.3		330			1st
M 56-59 242	Bench Only - RAW	Rick Perkins	59	227.8		275			1st
<b>Men's Jr. 18-19 Power</b>									
181	Div 1 - Single ply	Jackson Dingess	19	179	462	303	501	1266	1st
<b>Men's M40-49</b>									
181	FP RAW DIV 3	Donnie Miller		170.6	270	220	319	809	1st
<b>Men's Open</b>									
308	Div 1 - Single ply	Gary Nichols		297.5	501	308	534	1343	1st

2021 United States Powerlifting Federation  
West Virginia State Open and High School State Championships

**HIGH SCHOOL 9th and 10th GRADES**

132lb

Parker Fields	131.5	292	159	391	748	1st
Ryan Martin	127.2	264	132	352	748	2nd

142lb

Nathan Ford	139.1	275	148	374	797	1st
-------------	-------	-----	-----	-----	-----	-----

198lb

Synjen Perkins	188.5	165	132	231	533	1st
----------------	-------	-----	-----	-----	-----	-----

**HIGH SCHOOL 11th and 12th GRADES**

132

Devin Easton	131.9	308	203	352	863	1st
--------------	-------	-----	-----	-----	-----	-----

165

Gavin Quioco	163.1	473	270	484	1227	1st
--------------	-------	-----	-----	-----	------	-----

181

Jude Childers	177	407	270	429	1106	1st
---------------	-----	-----	-----	-----	------	-----

2021 United States Powerlifting Federation  
West Virginia State Open and High School State Championships

**HIGH SCHOOL 11th and 12th GRADES**

198

Ayden Edwards	189	402	181	462	1045	1st
---------------	-----	-----	-----	-----	------	-----

220

Caden Frederick	219.7	374	219	363	979	1st
-----------------	-------	-----	-----	-----	-----	-----

308

Kennedy Jeter	290	396	264	402	1062	1st
Dawson Meeks	292.5	374	264	402	979	2nd
Matt McLanahan	-	-	-	-	-	DQ